



IT'S YOUR TURN

Sunday Training

Sessions Starting in February!

➔ Modified Ages 10 to 12
8:00 am to 10:00 am

JV/Varsity Ages 13 to 18 ←
11:00 am to 1:00 pm

Session III Feb 21, 28 March 7,14,21,28

\$280.00 per player

● **\$250.00 for TBT Returning Players** ● **or \$50.00 per session as a "drop in"**

If session is not filled with pre-registered players

TRAINING SPOTS ARE LIMITED ● ONLY 20 Players per Age Section

Total Baseball Training is a player development company

Our training methods and programs are designed to develop your body, your mind and your soul

We believe in ATHLETES!

We teach you *how* to be an ATHLETE!

We teach first ● proper form ● proper movements ● proper mental approach

Then.... We TRAIN! We TRAIN with Purpose...We TRAIN for Success!

Our coaching staff is made up of former NCAA coaches and players. We teach EVERY aspect of the game.

Each Session Includes proper

- **Hitting Training**
- **Throwing Training**
- **Fielding Training**
- **Speed & Agility Training**

Additional Training Sessions offered

Times available for small group training.
Please inquire about available days/times.



Register Today...

for a better game tomorrow!